

Studying the Psalms

Psalms Of Repentance

Psalms 32

July 2, 2023

Psalms 32 – Psalms of Repentance

**Psalms 32:2**, *“How blessed is the man to whom the Lord does not impute iniquity, and in whose spirit there is no deceit!”*

- Obviously, the forgiveness of this text is being forgiven by God.
- This exact verse is quoted by Paul in Romans 4:7-8 where he is dealing with faith that leads to forgiveness.
- Paul referred to the faith of Abraham who both believed AND obeyed. (Hebrews 11:8, James 2:21-26).

Psalms 32 – Psalms of Repentance

**Psalms 32:3-4**, *“When I kept silent about my sin, my body wasted away through my groaning all day long. For day and night Your hand was heavy upon me; My vitality was drained away as with the fever heat of summer.”*

- David had to acknowledge his sins.
- Verse 3 describes one who refuses to admit his sins. Are we ever guilty of that? Examples:
  - A child who has done something wrong and is afraid or too ashamed to tell his parents.
  - A spouse who will not face his or her mate with a problem.
- We feel torn up inside because it is something we NEED to say (though we must find the right way and time to say it).

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- Do we go about refusing to acknowledge our sins to God?
- Maybe it is because we are ashamed and think we don’t deserve His forgiveness (which we don’t – but His forgiveness is not based on those terms).
- Maybe we are choosing to not confront sin in our lives that we know we need to change.
- Maybe we are living in rebellion are refuse to repent of our wrongdoings.

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- Whatever the case – if we have not destroyed our conscience – such things will bother us and keep bothering us UNTIL we make it right.
- Does the “chastening of the Lord” in Hebrews 12:5-11 include our conscience tearing away at us?
- Our sinful condition tears at us and robs our lives of vitality.
- As long as David kept it within and failed to confess it, he was troubled by it.
- We NEED to confess our sins to God.

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- We have heard the saying, “Confession is good for the soul.” While that saying is not found in the Bible, the principle is certainly taught there.
- We are called upon to confess our trespasses to God. When we do, He will forgive us. (1 John 1:9)
- It is interesting to note that the verses before and after verse 9 speak of one saying he has no sin, and the consequences. (1 John 1:8-10)
- We are taught to confess our trespasses to one another so that we can pray for one another. (James 5:16)

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**Psalms 32:6-7,** *“Therefore, let everyone who is godly pray to You in a time when You may be found; Surely in a flood of great waters they will not reach him. You are my hiding place; You preserve me from trouble; You surround me with songs of deliverance.”*

- The godly will praise Him. “Therefore” ties this verse to the previous verses regarding forgiveness. Forgiveness is the greatest blessing we enjoy as Christians. When we understand, appreciate, seek and receive forgiveness, we praise God. (Psalms 69:13; Isaiah 55:6)
- We offer prayers of thanksgiving to God (Romans 12:12; 1 Corinthians 15:57)
- Do the blessings of God cause us to pray to Him often?
- One trait of the godly is prayer.

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- When we pray for deliverance, He delivers us. (Psalms 46:1-3; 69:1; 124:5; 144:7; Isaiah 43:2; 2 Peter 2:4-10)
- We can hide in Him (Psalms 9:9; 31:20; 91:1; 119:114)
- We are preserved and protected by Him (Psalms 121:7; 2 Thessalonians 3:1-3)
- Songs of deliverance (Exodus 15:1-18; Judges 5:1-31; Psalms 40:3-5; Compare Revelation 5:9-14 and 15:2-4)